

An online course improves professionals' skills to address the Wish to Hasten Death

Abstract 973

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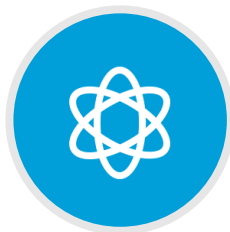
Background



Communication

There are known **benefits** from communication about end-of life issues with people with advanced illnesses, specially **wish to hasten death (WTHD)**

Porta-Sales J et al. Palliat Med 2019; 33 (6): 570-7
Bellido-Pérez M et al. Psychooncology 2018; 27 (6): 1538-44



Challenge

Many health care professionals (HCP) find **communicating** about WTHD **challenging**

Galushko M Psychooncology 2016; 25 (5): 536-43
WTHD Task Force European Survey (data not published)



WTHD education

We developed an online course to offer HCP training on **assessment and management of WTHD**

Aim



Evaluation of the **efficacy** of the online training surrounding the WTHP on HCP's

- Confidence
- Knowledge
- Skills
- Attitudes

Methods

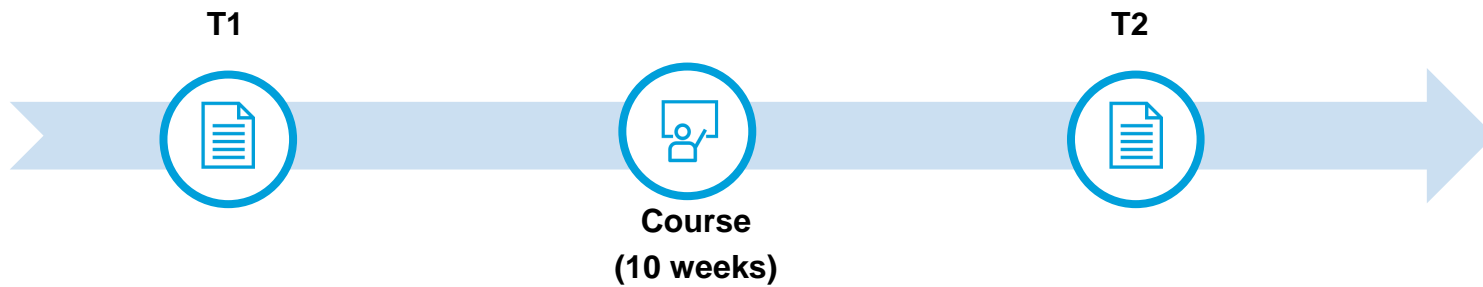


- On-line course: 3 ECTS
- Duration 10 weeks
- Definition
- Epidemiology
- Clinical response
- Family support
- Ethics
- Self-care



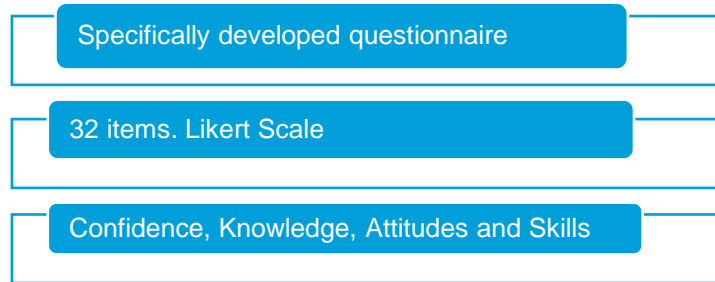
- Specifically developed questionnaire
- Assessment training of WTHD
- Confidence
- Knowledge
- Attitudes
- Skills

Methods



Quantitative methodology: a prospective, longitudinal, quasi-experimental study with pre-post design

Methods



- Item 1: Single Item self-confidence scale. Morita 2007. Likert 1-7
- Item 2-11: FatCod. Frommet 1991, 2003). Likert 1-5
- Items 26,27, 29-32. Attitudes towards caring for patients feeling meaningless scale. Morita 2009. Likert 1-5
- Item 28. 6 item self-reported practice scale. Morita 2007. Likert 1-5
- Items 12-25 were developed ad hoc. Likert 1-5

Results



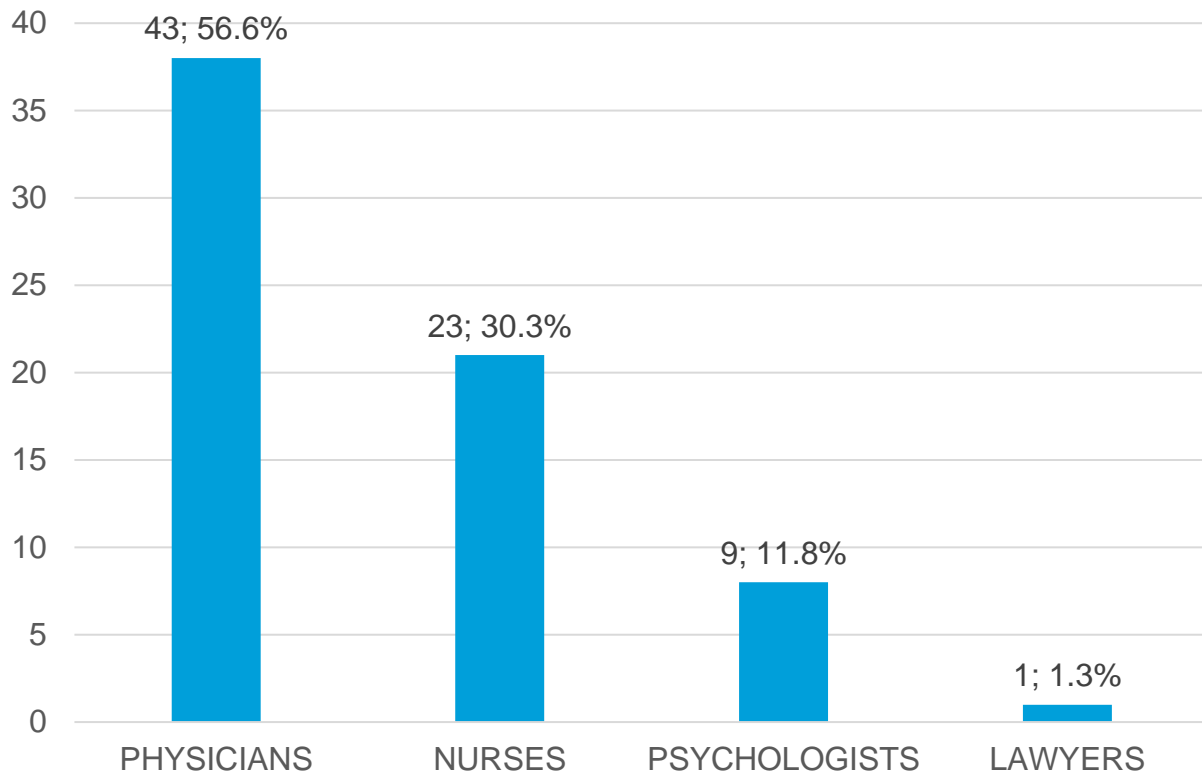
Participants from 3 editions
(Feb 2023 – Jan 2024)



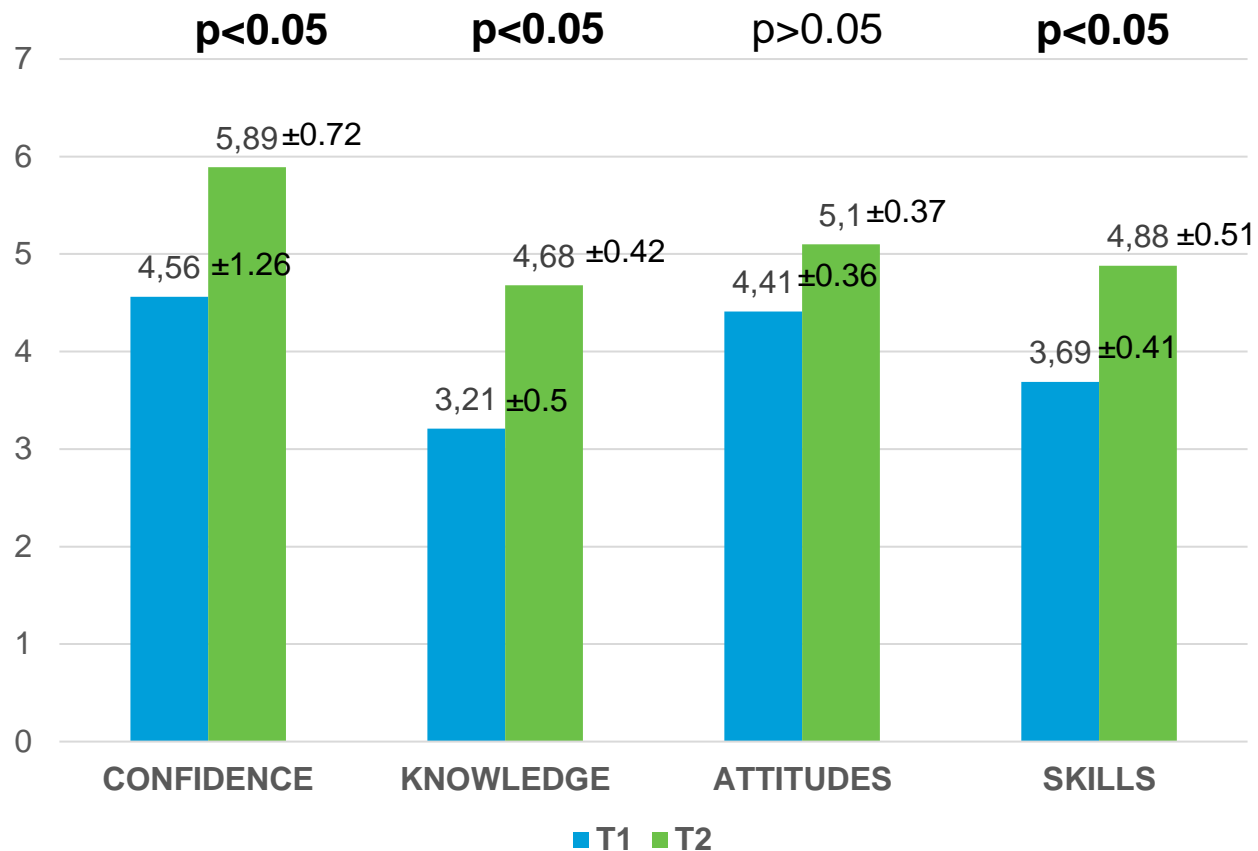
Participants: 82
Included **n = 76 (92.7%)**



Age (mean y-o; SD):
47.34; ± 9.46



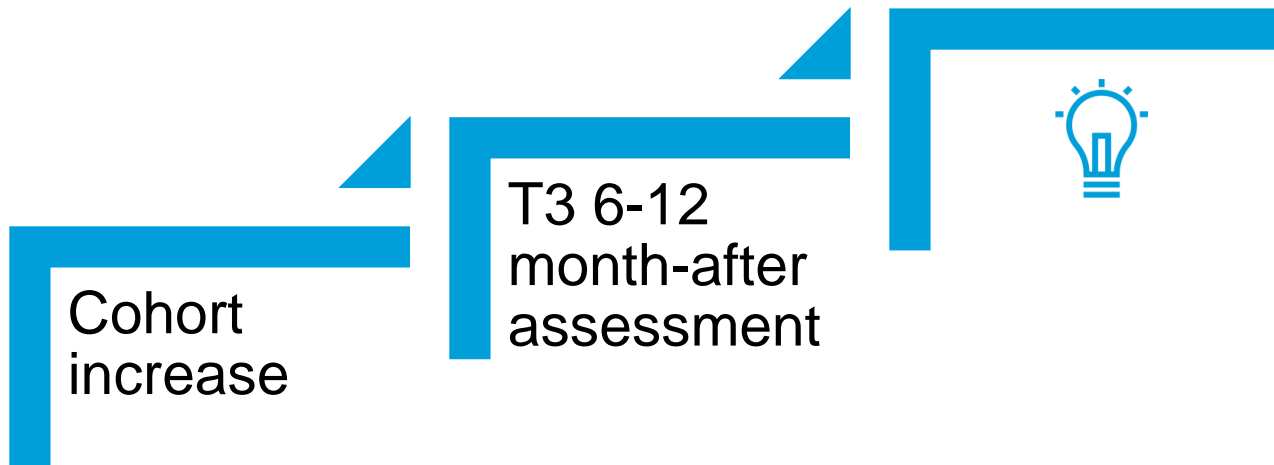
Results



Conclusions

An online educational intervention provides the needed support for healthcare professionals in Spain to **feel confident, skilled, and gain knowledge** in the clinical management of the WTHD.

Next steps





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VALUES
FORWARD.

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