

Patient experience during the first palliative care encounter: the therapeutic bond.

A phenomenological study with an interpretative design

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BACKGROUND

Establishing a therapeutic bond between the patient and the palliative care professional is the **basis for implementing good palliative care** (Goni-Fuster B et al, 2021). The **first meeting** between patient-family and Palliative Care professionals is an **opportunity** to establish the basis of the bond, however, the experience of patients is not known to know the facilitating **elements** as well as the **obstacles** to establish (Brown-Johnson C et al, 2019).

DATA ANALYSIS

Data analysis was performed using **Atlas.ti v.24**. The interviews were coded and **categorized according** to the units of meaning that emerged.

Finally, a total of **10 cancer patients** were included for participation in the study, with a total of 4 missings. Five major **central themes** emerged from the thematic analysis:

- (1) **presence and conscious practice,**
- (2) **active listening and intentional interest in life history,**
- (3) **environmental factors,**
- (4) **time factor,**
- (5) **appropriation of information.**

PRELIMINAR RESULTS

AIM

This study aims to find out which aspects favour the therapeutic bond with the Palliative Care doctor according to **the experience of the patients** during the **first meeting**.

METHODS

A qualitative phenomenological study with an interpretative design. **Ten semi-structured individual interviews** were conducted with patients with advanced terminal cancer, referred to **palliative care services** after the first meeting with the palliative care doctor. The interviews lasted an average of **50 minutes** and were recorded and transcribed.

SAMPLE

 Patients  Palliative Care Services  Cancer patient

BIBLIOGRAPHICAL REFERENCES

Goni-Fuste B, Crespo I, Monforte-Royo C, Porta-Sales J, Balaguer A, Pergolizzi D. What defines the comprehensive assessment of needs in palliative care? An integrative systematic review. Palliat Med. 2021;35(4):651-669.

Brown-Johnson C, Schwartz R, Maitra A, Haverfield MC, Thadaney S, Verghese A, Zulman DM. What is clinician presence? A qualitative interview study comparing physician and non-physician insights about practices of human connection. BMJ Open. 2019;9:e030831.